

PDA Personal Development Analysis

Studies on PDA indicators





Introduction

This material has been developed with the purpose of providing PDA Assessment[®] users and analysts a solid, grounded foundation in field studies and in controlled samples, which allows them to greater confidence in the analysis and a better interpretation of the indicators.

For more than 15 years the PDA Assessment[®] has been used successfully to help people to know each other, to understand themselves and others. Much has already been written about the theory and its history. Born from a publication of the Psychologist, Inventor and Theorist, Dr. William Moulton Marston in 1928 and then consolidated internationally as an instrument that strongly supports the selection and people management processes. Over the years, it has been proven that this is a low-cost, easy-to-use tool and quick to apply very useful both to improve self-knowledge and to know talents and predict behavioral styles in people and in the working groups. In this study we will analyze in depth each of the indicators of the PDA Assessment[®], we will share some cases and experiences that you will allow users and PDA analysts to consolidate their knowledge of the Axis of the Self-control and each of the Indicators of the PDA Assessment[®].





Since the first studies we have noticed how sensitive the employees to the treatment they receive from their leaders and their Organizations. When employees perceive that the company stops the one they are working on are paying attention to their efforts, they maintain

better productivity despite having working conditions opportunely adverse. In fact, professionals are experts in motivation and in behavioral aspects have come to establish "values" economic" measure employee motivation. Not surprising. observe that to well-motivated employees tend to have better records of attendance and longer stay in the organization than less motivated Understanding that absences employees. and productivity are costly for organizations, Low most any contribution that strengthens the motivation of employees can have some economic value. The Energy Balance (EB) is a variable very sensitive to the motivation of the employee who (tries to) seeks to feel taken into account and valued in his or her workplace. Let us remember that the EE is the result of the ratio between the Energy Level (NE) rating expressed in the Natural Profile and the qualification of the activity expressed in the Adapted Profile:

EB= E PAd

E PNa

When the EE is less than 39%, the self-concept of the person (... Observed in the Natural Profile) shows a greater sensitivity than the social role (... observed in the Adapted Profile). When EE is observed between 39% and 21% we see despondency and feelings of low selfesteem, a possible demotivation. Already below 20% this proportion indicates the





discouragement at how you perceive being treated by the organization and often the Person has already updated their resume to start distributing it. EB can also be seen as the energy investment that the individual you feel that your current situation requires you. It is expressed accordingly to the consideration between the Energy level of the Natural Profile and the Energy level reflected for the Adapted Profile.

A low EE suggests a perception by part of the employee that the job requires less investment of Energy of the one he can offer. Sometimes we also see a low EE in employees who are "contemplating beyond their present work," the next promotion. More often, with a low EE we see despondency and a feeling of little consideration by the organization. When a low EE continues by long periods of time could certainly lead to problems and results negative for both the Person and the Organization. For the person, your self-esteem will likely drop to a point that could affect and damage your self-concept, and for the organization, as it is being used inadequately the potential of the person, will undoubtedly affect significantly productivity of this the employee. Consequently paying attention to EE will help improve the employee's self-esteem and their contribution to the organization. When the EB is between 40% and 50%, we usually see a person who is satisfied with the level of Energy that perceives that your current situation requires you. Your erformance is likely to be adequate to expectations of work. It is not uncommon to observe this level of EB among former employees. with successful results. if want to relocate or assign Here, you new ones responsibilities to the employee, should be performed only in case of







need on the part of the organization or in response to the interest of theemployee.When EB is placed in the range of between 50% and 60% it is possible that theperson is motivated to achieve the goal they believe is consistent withthe expectations of the organization. In an interview, a person with a EB in this range is normally enjoying a work situationchallenging in which you think your efforts are supported and recognized.

When the EB is placed in the range of between 61% and 70% it implies thatthis person perceives that the Energy requirements of his current situation, observed in the Adapted Profile, are greater than those presented in your carconcept, observed in the Natural Profile of the person. This indicates that the person perceives that his current situation requires a greater investment of energy compared to your own energy level. When a person's EE is in the range between 71% and 79%, it is likely that the level of aspiration is extremely high but with demanding goals which are still affordable.

A sense of unreality enters the picturewhen the EB exceeds 80%. Now we normally see theaspirations as beyond the person's ability to realize them.Quite often, the person's perception of expectationson the part of others it is incredibly high, it is compensated by a trendinterior to set unattainable goals.Below, let's explore some examples of EB:

 A participant in a recent Analyst Certification SeminarPDA had brought a dozen PDA Reports as examples for thepractice. The twelve (12) PDA(s) tests had been administered to the









employees of a company that acknowledged having a plant of"low technology" that was being seriously considered for theclosure.

Employees at the plant had been striving forincrease plant productivity without success.Nine (9) of the twelve (12) PDA reports showed EE below39%. The remaining three (3) reports, one had an EB of 40%, this was theplant manager who had already requested and received the transfer toanother industrial plant within the same organization.

2. As part of an internal team of a consulting program, theA company's vice president of operations completed the PDA. TheNatural Profile was 90 20 30 60 with an Energy Level ratingof 56%. The Adapted Profile was 90 40 30 40 with its Energy Level of 39. His EB was less than 20%... Six months earlier, in a reorganization initiated by the board of directors, the same vice president of operations had been stripped of its authority over threemain departments. His peers described him, from his own perspectives, as a person "who had lost theenthusiasm."

3.

Natural Profile 10 40 60 90 with an Energy rating of 29%. ProfileAdapted 10 70 30 90 with an Energy rating of 49%. Your Balanceof Energy was over 80%. This is a 25-year-old individual who hasrequested your company's executive development program.Although admission to the program at this company requires an M.B.A.,this employee has not completed his university degree of fouryears yet. He is currently working a lot of overtime ina new position that is the key to the success of an entire project.Although the valuation of the project by the company showed







your recent need for an additional person, the employee with aEB alto saw no such need, although the project had begun tolag behind on schedule. In your family life, the employee who has Married for two years he has a baby and another who comes. The couplehe bought a new car and a new house recently.

The actions that analysts must take based on the EB vary with their level.The first recommended action, of course, as with the other PDA variables, is to verify accuracy by comparing the person's behavior and theirperception of the situation.

- EB at the 30% to 79% level may not require any action, depending on the situation.
- EB below 30%, and especially below 20%, often points out theneed to

(1) increase the challenge at work andopportunities for achievement, and (2) open communication towardsthe employee and inform you how appreciated your achievements are.

EB over 80% normally suggests consulting with the employee with thepurpose of (1) redesigning your position and responsibilities toprovide more realistic goals and demands, and (2) train oradvise the employee to encourage them to have a level of aspirationmore realistic.

The Action of the Analyst against the Level of Energy Equilibrium must bespecific to the employment situation and based on interest and approvalboth the employee and the organization.







Studies that enrich the interpretation of the Energy Level

Concept

By Energy Level we mean the available energy supply within an individual who contributes greatly to overall effectivenessof the person's organism. This definition reflects the fact that everyonewe have a certain energy and generating organisms that makepossible to exhibit the behavioral criterion that defines life. The more energy we possess at a given moment, the farther we are from coma and death.When our energy reserve is reduced by work or illness,we have to restore that supply with rest and food; as well aswith medication in of illness. The Ways in Which case Differences Individuals in energy supply manifest themselves differences include: inalertness, knowledge, sensitivity, work and overall effectiveness of conduct in endurance at dealing with all types of demands that are made of us in daily life. It may be unnecessary, but nevertheless it is important to emphasize that thislevel of energy supply or "liveliness" (which we identify with the term Energy Level) is totally different from that source ofbehavior we refer to when we talk about how active orenergetic an individual seems to be. The latter is an indication of the proportion in which the person is consuming their energy supplyavailable. There is no necessary relationship between the amount of energy thatpeople have available and the proportion in which they consume it. Even whenseveral individuals appear to be essentially similar in the amount of Energy they show, may still differ in how much capacity they possess.





to maintain their behavior. In this way, the featuresexcitable versus phlegmatic, which could differentiate people, relate to the concept of Energy and yes, on the other hand, they are indicated mainly on the Axis of Patience. It is also worth noting here that we consider the Energy Levelit has little in common with what is measured by so-called Coeficiente Intelectual IQ.

o As a practical comment, it is very possible foran individual has sufficient intellectual abilities to functionas a person at the level of a PhD for a few hours or just aday. In contrast, another individual without the mental abilities, or achievementsEducational equivalent, can work for many hours at a time of a very effective (or "mundane") way. Therefore, one can very wellmeet people with limited and moderate intelligence, who aremade very effective, when dealing with their particular environments. On the other handone may also encounter individuals who possess skillsconsiderable mentals who run out of fuel or lose theirefficiency, after short periods of effort, in tasks commensurate with theirintellectual abilities. We also find, regardless of measured intelligence, that it is feasible to observe a person in asituation where it has too much to offer; as well as it is possible to seesomeone being in a situation where they have very little of the vitalityNecessary. For example, the who is perceived person as problematic(constantly getting into what you shouldn't, where you don't expect it, andin what your Boss would certainly prefer he not to) has resulted inoften be a person whose work simply has not required all of it.the vitality that he/she possesses.Of course, there are facets of intelligence that reflect the level of supply of a person's energy or liveliness in ways that contribute to aeffective work performance. Such skills are involved in the achievement of



flashes of ingenuity, to solve in new ways, problems that haveexisted for a long time; or correct, quickly and correctlydefective mechanical operations. Here are somemanifestations of intelligent behavior that derive, in large part, from aHigh Energy Level.Another foundation within the concept of Energy Level is found in the fact that Marston considered vitality and efficiency within the physical composition of a person as an innate characteristic.

this Не arrivedto conclusion due to the abundant reflect individual differencesknown among people who inevitable consequences (as it seemed to him) of varying the amounts of liveliness. An example ofwhat he meant is seen in the all-too-common phenomenon of promoting to people at their levels of incompetence. This seems to have its origin, largely in the trend of business and industry to followpromoting people until they are finally put into jobsthat require them to deal with higher levels of complexity and demand foralertness, knowledge and vitality of which your innate supply of energyit can allow them to drive successfully.By the way, the vitality we mention here is not of the kind that merely involves the ability show to muscle strength for periodsProlonged. We refer, instead, to the ability to maintain theproductivity at work (whether intellectual or physical).

This is aattribute that we find that also relates to aspects such asthe professional hierarchy and the absence of disease. The more demanding and full of responsibility the position, the greater thethe pressure and required hours that employment imposes. Thus, the more you knowrises in the ladder of the professional world, the greater the energy and the





resistance one must possess at work to withstand the demandsof each subsequent level. Therefore, the number of days per year lostby disease decreases regularly, as examined statistics for progressively higher levels of employment in theprofessional hierarchy. Indeed, people who work longer andhave the heaviest pressures are those that incur the leastloss of time at work due to illness.We seem to have people with more innate energy(available resist to be used to common diseases) occupyingprogressively higher levels in the professional scale. Foundthan even doctors (also at a high level in the occupational hierarchy)tend to be considerably less prone to diseases thanmost of us; that we expose ourselves to far fewer infectionspotential than them.Marston also believed that the creative individual, who comes out with ideas.genuinely new, is typically manifesting an Energy Levelinnate high through their ability to order associations, or possiblecause-effect relations of large masses of known facts, whilethat other people (with smaller supplies of innate energy) areunable to integrate in an equally ingenious way. Also, he observedthat individuals who have the highest number of accidents tend to bethose that show low measured Energy Levels. From here it is concluded that these accidents usually because of occur a minoralertness, coordination and knowledge of risks implicit in thelower levels of liveliness or Energy Level than such personsHave.These are just some of the manifestations of individual differences inliveliness or energy level that led Marston to develop the conceptof Energy Level that is included in the PDA Report. When we see





an individual who is coarse, rude and showing unproductive or negative qualities of various kinds, is presumed to lack an innate energy supply. It is necessary for him to exhibit his particular pattern of behavior in a more socially desirable and profitable way. It only lacks the vitality necessary to make good use of its particular behavioral dispositions.

Given the right opportunities and a problem-free mental condition, a person who displays his particular behavioral style in a productive, refined, socially accepted and positive way, is presumed to be adequately endowed with basic energy and vitality. Such people are often described as possessing a higher than low cultural level.By contrast, people who are highly endowed with energy are usually people who have a precise, relatively distinguishable style of behavior. These people are generally so intelligent and versatile in effective behaviors that it leads others to refer to them as "geniuses" or "brilliant."This, then, is the global nature of what we mean here by the term "Energy Level." To interpret energy ratings properly, it is essential to understand the nature of our Energy Level measure.

Measurement

It should be understood, to begin with, that the qualification for the Energy Level obtained through the PDA Assessment[®] is a good measure. Obviously, however, it is not a perfect measure of what we do.



we define as the Energy Level. (No qualification of a "test" isalways a perfect measurement, of course.) A perfect measure would providea real interpretation of the amount of energy in the organism of aperson; as when we test the voltage level in a battery of acar to see if it's 12 volts, 11 volts, or whatever. What we have an indirect measure of the application of vitality, alertness, knowledge and energy that an individual possesses. This stems from the fact thatthe four primary axes of the PDA Assessment® were designed as measuresfor the total model of behavioral impulses constituting the samehuman concept.Keep in mind that there are individual differences between people in themastery of the parasympathetic or sympathetic division of your nervous systemautonomous; as well as the related types of equilibrium within theirendocrine Some individuals gland systems. are of natureparasympathetic underactive therefore or and are calm, bearable, unalterable and advancing at a slow pace within our world. Others aremore hyperactive "sympathetic" individuals who are the rushed andboisterous among us. In the same way, each of us hasa characteristic perspective of life in this world. Some of uswe tend to see much more promptly than others something threatening, antagonistic, unfavorable, hostile, or bad when looking at particular situationsin our daily lives. In contrast, other individuals are more inclined to see.something safe, favorable, or friendly when looking at the same circumstances oreveryday life situations.As a consequence, the PDA Assessment® has been built on the followingPremise: That the (1) extent to which people function and (2)Characteristic perspectives of life are the only operational basesneeded to produce and explain the wide variety of behavioral stylesobserved in people. This is true because these two features





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they act reciprocally in such a way that they are integrated by fourfundamental components of behavioral direction (or Axes) that, invarious combinations of force, produce an almost infinite variety of possible ways in which the energy we have can be used inour daily lives. Therefore it is assumed that the productivity of the individual, which responds to theWords in the Analysis used to measure these Axes, is characteristic of theirglobal sensitivity to the world around it. This global level of sensitivity, in turn, it is seen as dependent on the supply of vitality or energy that he person possesses at the time they fill out the Analysis form. Here we come to a practical problem related to the measurement of the Levelenergy with PDA the Assessment[®]; the fact that it results in aparticular moment. The individual may or may not "be on the cusp" in his or herpower supply when engaged in the task of responding tothe words contained in the Analysis form. As you well know, temporary declines in optimal individual energy supply occuras a result of fatique or illness. Those declines in the LevelEnergy (LE) are shown in the way an individual functions; even in a task such as filling out an Analysis form. We've heardoften telling people that because they were really tiredwhen they filled out the form and "just couldn't dialas many words" as they normally would or have done in theprevious occasions when they "felt good."It is also known that the Energy Level ratings are veryrestricted in cases where people were afraid to fill aAnalysis form and chose the evasive tactic of telling us so littleon them as they could; marking the number of words that they





seemed acceptable. (The Pattern Profile is usually significant in thesecases, although the rating of Energy is not). Sure, this can be theresult of poor administration and could be described as the consequence of feelings of coercion on the part of the one who completes thePDA Form. There may even be times when the individual isfeels that you must fill out the form and do so reluctantly; although not of ablatantly evasive way. This produces a trend in themuch lower response than would be the case with the administrationcarried out in accordance with the principle of making the PDA completelyvoluntary. Walk up to someone and say, "Hey, fill this out! it is, obviously, amismanagement. Finally, you too get acompletely different reaction under these can conditions. There are individuals who adopt the tactic of marking all but a few words in he Analysis to apply to a position and therefore, they succeedmasking themselves completely before the person who has asked them to fill the form.

Interpretación

How then to interpret the Energy Level ratings? As aPDA Analyst Cares About a Person's Energy Rating fordescribe their behavior in certain qualitative terms. Of course it is the PDA Profile of the individual showing the qualities or characteristicsmore accentuated of his behavioral style. However, the Level ratingThe individual's Energy tells us how much "energy" is behind anybehavioral style that the person possesses; according to as indicated in thePattern Profile in your PDA Report. The more energy you have, the morelt is likely to see it as brighter, ready and quick to "get in tune".





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The less energy you have in your behavioral tendencies, the moreyou'll probably be seen as confusing, dull, slow to "get of down totone" and forgetful.The indirectness our Energy Level measure and the arrangements that mustbe done when special factors are found in the situation should notallow to disguise this fact: that the vast majority of ratings ofEnergy of obtained useful indicators are very a componentextremely important within the total composition of these peoplewho complete the PDA Form. It is therefore appropriate that the interpretation of the ratings of the Energy Levels serve in the first placeplace to describe the overall effectiveness with which the individual behaves in the style that is most likely to show and then, secondly, tojudge compatibility with the demands of a given position.

Studies on the Profile Intensity Indicator

Profile Intensity is obtained by combining the score of the highest Axisof a PDA Chart with the lowest Axis score, taking only thefour primary axes, i.e. not including the Axis of Self-Control. These twoaxes, which are at the ends of the Graph and which are used to compute theIP clearly describe the most outstanding features of the PDA profileand define the biggest difference between two Axes in that person's PDA Chart.Since there is also the statistical error of normal measurement, associated witheach vector, we can have greater confidence in the interpretation of aPDA chart with a wider IP (as long as it does not exceed 80%) than in theinterpretation of a PDA Chart with a narrower IP.As you can see, we have little confidence in a Pattern Profile when the IP isof 80% or higher since if you exceed this range some inconsistency can alreadybe present. We also have little confidence in a PDA Chart



narrow, whose IP is less than 30% since from that range it is possible that there are inconsistencies, and if it decreases to 20% or less it becomes directlyinconsistently, subsequently does not manifest itself through the Axes no prominent behavioral trends. The reason we insist on caution when interpreting an IPof more than 80% is that, according to our studies, onlyapproximately 3% of those evaluated will get such a gradehigh in its IP and practically in all those cases, of that 3%, alow level of report consistency. With an IP greater than 80%, even if the profile consistency level is high, we tend to observe a widemagnitude of the behaviors suggested by both Axes that are in he ends of the profile. That is to say that we usually observe that the High Profile Intensity values are associated axes(IE <20 >80) with intense extreme or and with interpretations that, based the intense IE, describe on characteristics such as belligerence, superficiality, indifference, dependence, ethical rigidity, frustration, hostility, tension, negativity or emotionality, among others. When an IP is between 30% and 80%, that is, it is not too muchhigh or too low, the report will give us a clear and consistentindication of the distinction of the person's probable conduct. When it reaches below 20% the IP is indicating that inthis virtually behavioral graph shows no trendsmarked, characteristics. The force expressed through the Plus AxisPronounced graph is extremely close to strengthexpressed through the less pronounced axis, which implies that it is notmay observe or describe their own behavioral tendencies, features in said PDA chart. It is so that to all graphic PDA with alP less than 20% is considered "Invalid Report" and cannot be used to interpret or predict behaviors.





Studies on the Axis Intensity Indicator:

To begin with, we explain that Els are determined through a calculationinternal that the system performs by dividing the ratings of each Axis with therating of the Average (M). In turn, to obtain the Average (M) the systemadds the internal rating of the High Extreme Axis and the internal rating of theAxis at the low end and divides it by two.

IE = Internal Axis Qualification

Мс

Els measure the extent to which a person's behavior is measuredeach Axis "stands out" in the person's average for the four Axes.Els reflect the ipsative (mean) nature of the PDA Graph. ConductA person's expectation is not predicted by the "absolute" magnitude of theAxes, but by the magnitude of the Axes when compared with one's ownaverage of all four Axes of the person's graph. The normal range for an IE (including the Axis of Self-Control) is 20% to80%. The majority of employees and applicants (approximately 68%)will be within this expected range. Only 15% of respondents he PDA will obtain an IE rating that exceeds 80% or that isfind below 20% on a given Axis. As we ascend in theIE scale over 80%, the percentage of those who respond and get arating this high or higher decreases rapidly (See Table 1).

	TABLE 1					
	R	E	P	N	S	
IE 85% Or highest	7.5%	5.4%	5.6%	5.2%	8.2%	
IE 90% Or highest	1.5%	0.6%	0.9%	3.5%	1.9%	
IE 95% Or highest	0.2%	0.2%	0.0%	1.5%	0.5%	







Similarly, when we descend on the EI scale to less than20%, the percentage of those who respond and get such a rating oflow decreases rapidly (See table 2).

	TABLE 2					
	R	E	Р	Ν	S	
IE 15% Or highest	6.5%	5.0%	6.0%	4.9%	10.5%	
IE 10% Or highest	0.6%	0.4%	0.8%	0.3%	3.8%	
IE 05% Or highest	0.0%	0.1%	0.0%	0.0%	0.7%	

Els below 20% or over 80% will be identified as "areas ofpossible conflict" in PDA Charts for the purpose of such AxesIntense people receive the interpretive attention they deserve. Analysts who interpret a PDA Chart containing one or more Axesextremes (El below 20% or greater than 80%) should continueintegrating the four Axes, but they must put a lot of emphasis on theinterpretation of the intense Axis(s). We describe below the characteristics and particularities of the Axes Intense:

Risk Axis

El < 20% – There is usually a feeling of failure, of giving up. Often the person feels "carried" by environmental forces stronger than their own. IE >80% - At this level risk becomes aggressiveness. May beindicating belligerence or combativeness.







Axis of Extroversion

IE <20% - Isolation, avoidance of others, or discomfort in front of people may be present. IE >80% - At this level, social touch isit turns into "manipulation" and superficiality.

Axis of Patience

PatienceEl < 20% - Anxiety, permanent urgency, constant change is indicated. El >80% - There is likely to be some apathy along with difficulties indeal with unexpected changes.

Axis of Conformity to Standards

StandardsEl < 20% - This is the Axis of extreme measures, stubbornness, stubborn behaviors and permanent nonconformity. IE >80% - An extreme dependence on ideas and decisions ofother people, obedience and extreme conformity to structures, norms and procedures.

Axis of Self-Control

EI < 20% - A lack of premeditation is suggested, that is, it is difficult to evaluate the impact or consequences of their actions; this can become, in certain opportunities, uncontrolled and emotional. IE >80% - Extremely conservative, ethical andan extremely rigid morality. There is a tendency for the Axis of Self-Control, within normal limits, (EI >20% and < 80%) to attenuate the negative features of the axis ends







described above, as long as the IE remains between 10% and 20% or between80% and 90%. When two or more Axes are intense, then they should also be emphasized. the two appropriate integrations of the Axis. That is to say that if the EI of the Axis of the Extroversion out 83% and axis ei of Patience 18%, for example, then kindness, extreme social dynamism are indicated.

Profile Modification Studies on the indicator: Profile Modification is defined by comparing the trends expressed in the Natural Profile, which define the self-concept, with the trendsexpressed in the Adapted Profile, typical of the current role. The systemsimply calculate and get this comparison and express the value of the"Profile Modification" below the graphs, between the Natural and Adapted. Prior to the systematization of the instrument, the way to calculate he MP was through the "Tables ofPDA correlation", which consisted of extensive numerical tables that includedall possible combinations. In them they were sought by hand andthey compared the pattern profiles obtained from the Natural and the Adatado.Profile Modification measures the magnitude at which the perception you have the person of the conduct required in your current situation, or in mostof situations, it is consistent with their self-concept. In other words, the ratio of the Profile Modification tells us how much it currently modifiesyour behavioral style to adapt, accommodate requirementsof the role.This index is perceived primarily interpreted as reflecting a flexibility.healthy in role adaptations, in contrast to rigidity and inflexibility.





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When the Profile Modification reaches or exceeds 80%, it suggests rigidity. Yesthis mp level occurs on a PS 100 70 30 10 in an executive position, a PS70 100 30 00 in sales or a PS 40 70 80 00 in service, then maybewe have more than just inflexibility. The person may betending to adopt a way of acting to some degree inconsistent withyour previous and most typical self-concept. This is particularly likely if theIP (Profile Intensities) in the Natural and the Adapted are in the range of 80% and the NE (Energy Level) is also close to 80%. Even if all theseDescribed conditions do not occur simultaneously, probablywe will have a person who has no intention of adjusting, ofadapt to the expectations of others or to the various situations that are given to themPresent. Rather he would be a person who might even resent thecritical or behavioral demands of your current situation. When the Profile Modification is in the range of 70% and 80%, the personcan adapt a bit yet is still rigid in its behaviorin terms of conduct despite the circumstances. The desired rangefor Profile Modification is from 20% to 69%. Most of uswe place in this range of behavioral variability. This range describes a healthy, flexible person who is under little pressure to adapt theirselfconcept to what his role requires. It is when the calculation of the MP is below 20% that the person alreadyperceives the need to act a role in a certain way that isremarkably different from its Natural Profile. When the Modification of theProfile is below that range the person is making an effortgenuine to act in ways that identify with the role, yet dothis is equally costly and uncomfortable. When the coefficient of MP isstrongly negative as below 10%, the effort to perform the role tends to produce considerable stress that can manifest itself in



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tension, aches, pains, irritability, or some other form of discontentnotable. If this situation persists and persists for a whilelong enough, the Natural Profile tends to move in the direction of theperception of the role, resembling the Adapted Profile, at leasttemporarily. this could lead to a conflict in the profileNatural, in the self-concept, and then the Natural Profile can be expected continue to switch to the adapted Profile shape.In the Profile Modification ratio allows summary, us to the levelpresent consistency between Natural and evaluate Adapted. Within the normal rangefrom 20% to 69% there is a normal share of flexibility between the Natural and theAdapted. When the MP is below 20% the individual ismodifying many aspects of your behavioral style, which could confirm a high level of stress therefore adjustment.Obviously more with the candidates than with the occupants of the position, theAdapted Profile may be affected by previous work or by thecandidates' perception of the position they are applying for. If a candidate is hired, the PDA must be remanaged to theapproximately six months. Usually, for that time the ProfileAdapted will reflect quite well the person's perception of therequirements of the new position.

Studies on the Decision Making Indicator

As we already know the PDA Decision Making Indicator is measuredby comparing the risk axis rating with the qualification of the Axis of standards.





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ΕN

The Decision Making indicator measures the extent to which an individual isunable to decide between which of two opposing areas of behavior should assume. When the Risk Axis and the Standards Axis have a lmost equal pronunciation, the range of the TD scores between 20% and 80% and indicatesthat people hesitate between sticking their heads out and exposing themselves (... strength that proposes the Risk Axis) or not to take it out and avoid this situation (... strength that proposes the Axis of Standards). When the activity of thesympathetic nervous system against nervous system activityparasympathetic the person is tense and nervous, may get sickeasily, maintains irregular sleep habits, can daydream anddirects all its energy inward. So when the TD is at 50%we usually see hesitation and uncertainty in the behavior of theperson whose PDA Graph we are interpreting. This hesitation andwe call uncertainty "Tension or Conflict in the Takina ofdecisions" and we can describe 3 types of Conflicts in the Taking of Decisions:

- 1. Tension or Basic Conflict.
- 2. Tension or Role Conflict.
- 3. Tension or Conflict between Patterns..

The Basic Conflict occurs when we look at the score of 50% in the Natural Profile Chart. We infer that the causes of this conflict areoriginate in the private sphere, at home or with the family. As Analysts nowe must engage in the individual's personal conflicts. Cansimply mention this data provided by the PDA Graph, explain to the





person who interprets a certain hesitation in decision-making and suggest that you "do something about it."Role Conflict occurs when we look at the score of 50% in the Adapted Profile Chart. This suggests that the person feels certain.confusion in what is understood to be expected of her in terms of herwork situation. There are often confusing signals at the level at whichit allows decisions to be made in the important areas of conduct ofwork. This type of conflict may resolve very quickly tothrough mutual consultation between the person and their supervisor. If this isobserve in a candidate then the Role Conflict can be a product of the previous job or the reason why the person islooking to change jobs.Conflict between Patterns occurs when there are extreme differences betweenStyle of TakingDecisions of the Natural Profile and the Adapted Profile. This conflict generatesin PDA Analysts certain difficulties to decipher what the trend isPerson's exact behavior: Is it the trend shown in the ProfileNatural or the extremely different trends evidenced in the ProfileAdapted? These "Conflicts" or tensions do not necessarily signal some terrible thing.chronic problem. Most normal individuals experienceconflicts as part of life experiences. Conflict canoccur through many different events that put the person inthe center of a dilemma: "do something or not do it, "do it in a way(... assuming certain risks) or doing so of another (... relieving moreinformation to ensure we do it as it should be done)" In fact, the





Psychological definition of conflict is "the opposition of two forces orimpulses that cannot be satisfied simultaneously."It is important to note that sometimes, if something is not done about it andthe situation that leads the person to this "tension or conflict" does not change, then the conflict can be maintained and persist.

Studies that help to understand Conflict in Decision Making

MakingAnalyzing in more detail the indicator of "Decision Making" we would likedeepen the concept of "Conflict" since the "measure or proportion of theconflict" has long been regarded as the basis for a"red flag" extremely important in the interpretation of the PDA. That's rightthat based on the inquiries we receive from PDA Analysts inreference to this delicate topic, we understand it necessary to add areview of our ideas on "Conflict in Decision Making".

Definition

We understand the "Conflict in Decision Making" to the state of confusionor indecision that is generated in the person when the Axis of Risk and the Axis ofConformity to Standards have the same force. The "Conflict" is observed when the TD scores at 50% and can occur both in the Natural Profile and in the Adapted Profile or in a wide difference or lack of similarity between both styles of Decision Making. When the Conflict is present in the Natural Profile it could be obtaining a distorted picture of the natural tendencies of the person. Conflict in the Natural Profile indicates that the individual may be dealing with a problem of a personal nature; that is, marital,



financial, with children, etc., or you could be dealing with a problemthat although it is related to employment it is obviously affecting himhis personal life. Personal confusion occurs at the moment when he PDA Form was completed and, therefore, although this indicator does not affector affects the Consistency Indicator, the Analyst may not beobtaining a clear and true picture of natural trendsauthentic of the person. When the Conflict is Profile observed in the Adapted it indicates that the individualare experiencing confusion regarding the perceived situation of the Roleto achieve success. Specifically, the individual appears to be unsafe and doubt to what extent he/she is up to the initiative, takecertain responsibilities and taking charge of certain issues; i.e. takedecisions proactively versus not doing these things and consulting thepolicies or with any authority before acting. When Conflict Existsin the Adapted Profile must be dealt with appropriately and decisively with theperson to attenuate the counterproductive effects. The vast majority of managers do not get to know or become aware that this remainsproblem in your employee. Usually the issue can be resolved through an open conversation between the employee and his supervisor. When comparing perceptions of the Decision Making style of theNatural Profile with the Decision Making style of the Adapted Profile isobserves a wide difference, there is what we know as "Conflict"between Profiles". Specifically, due to the confusion created by the differences between both styles of Decision Making the individual does nottake a well-defined position on the problems that arise andit will be observed in doubt and hesitation. this condition is usually corrected when an individual is relocated to a position more compatible withtheir natural behavioral tendencies.





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Theory

he believed CR Marston was fully of what the aware measured.First. he claimed that the Risk Axis and the wereindependent measures for "sympathetic" Standards Axis qualities and parasympathetic" of behavior. The primary concept is that of basic conflict, presumably measured by the TD level of the Natural Profile. Logical inferences about this typeof conflict can be summarized as follows. *Basically, conflict is a state of mind that prevents the individual, soless temporarily, choose between alternatives to act. Said insimpler terms, it seems impossible to make a decision that is to youit requires and, thus, it is "faced with a dilemma". Moreover, there is always adecision in between when a person is "facing a conflict". It doesn't matter if an individual initially perceives the alternatives they face.as attractive or rejectable. feel unable to Once vou chooseamong them, perceives the situation as threatening, antagonistic orunfavourable. What's more, since the person can only (1) take a course.particular action, or (2) give up and not choose anyAlternatively, it is easy to understand why conflict involves only the Axes of theRisk and Compliance with Standards. When the Conflict occurs (TD = 50%) we see a very exhausting processthat consumes large amounts of energy in an unsuccessful struggle fordecide what to do. Moreover, this tension, hesitation and ambivalence canto change the potential behavior of the individual, even beyondthose changes that can be expected by observing the Natural Profile of yourPDA. The person's ability to perform effectively tends to deteriorateand be reduced, even in situations where the person usually tends toperform well.



Although those who relate to this person may not really beaware of the impact or consequences of "conflict", indecisionThe basic will characterize the individual and express himself to such an extent that he will become bserved, perceived by others. This person is usually awho is usually recognized as an indecisive person. Unlikethese cases, who have some "tension" in decisionmaking but notthey come to have "Conflict" they are usually recognized as people whomay vary in terms of how quickly they take theirdecisions or how much value and self-confidence they exhibit when expressing theirDecisions. These differences are indicated, of course, in the range of the TD inwhich each person is found.Even though an individual may not be going through a situation personnel about whom you are unable to make a decision may, even so, be experiencing some conflict that leads to a state of "confusion"and conflict. In these cases the person is debating between "confronting and free yourself from the pressure you feel" or "meet the demands of theenvironment" that from his perspective are incoherent. When this type of conflict is related to the perception of theirresponsibilities at work (Adapted Profile Chart), as it happensmost often, it indicates that the individual is confused about the limits and spaces of decision, authority and responsibility, and this is usually gives for lack of clarity in the communication and the type of relationship that theperson leads with his superior. This is why the supervisor only needsclarify the demands of the role imposed on the individual by reviewing and discussing with him his decision-making spaces, his authority in order to express himmore clearly their responsibilities. Once the person arrives atunderstand more clearly what is expected of it in a timely mannerwill free you from the confusion generated by the conflict in the Adapted Profile of your PDA.



However, the solution is not always so simple. There are times whenonly clarifying what the position demands is not enough and it is necessary to relocate tothe person. Also, some positions, in fact, turn out to be jobs.that expose those who occupy them to constant conflicts, a characteristic for which not just anyone can answer correctly. ByFor example, whoever occupies a position can be expected to act in a wayboldly and decisively and who is also extremely meticulous and demanding in handling critical details. Such a combination of expectationsimposes a demand in which behavioral dispositions clash. Like thisis that sometimes it is to "redefine reformulate position" necessary or the and perhapswhat is today a single highly conflicting position should arise twodifferent positions and thus reassign the respective and incompatible tasksbetween both positions to achieve thus that the tension and confusion of theindividuals is resolved. It seems absolutely logical that the conflict in the ProfileAdapted and the Conflict between Profiles persist if the conditions and circumstances that produce them remain unchanged. Of the sameform, the personal problem and the corresponding conflict in the Natural Profilewill persist until the individual makes some decision or some kind ofaction that allows you to resolve the conflict. In due course, the decision thattake or take action you take may or may not have positive consequences and satisfactory to the individual, yet the person can, already free from the conflict, quickly continue to opt for new alternatives among thethat you have available. Even so, we believe that this last type of conflictcan last for very long periods of time if not takenno decision or action in this regard. We mention this as we knowthat there are some people who spend their lives in what can be called"a perpetual state of conflict."





First Study on the Axis of Self-Control:

Observations and Guidelines for InterpretationOver a period of ten years, the PDA International team has evaluated, interpreted and studied thousands of PDAs. Due to this large volume and thenature of our projects we can confirm that we had theopportunity to observe Marston's theory in action. As a basis thatbases the studies and conclusions that we will share in the presentArticle, we consider it important to share with you how we operate inour projects that require evaluations, whether for processes of Search and Selection or for study of groups of employees in processesmanagement and skills development.Our projects often require the generation of studies of compatibility for both employees and candidates applying fora wide variety of positions. These compatibility studies are subsequently validate in controlled interviews with managers of the Client companies, as well as we corroborate the references. As part of the evaluation processes, candidates completeadditionally an extensive study that includes background information withopen-ended questions that can be interpreted and addedvaluable information. The purpose of these extensive studies that includeOpen-ended obtain information from candidates questions is to or employeesadditional to the behavioral style, revealed in the PDA Reports and Graphs. Inthose cases in which we evaluate employees who are, at the momentof the evaluation, actively occupying jobs, we requestin addition to their managers and supervisors written reports that describe and identify their specific behavioral traits, theobserved skills, achievements and/or problems observed in your



PDA

daily performance. From some Clients, we arrive many times toalso obtain surveys that measure attitudinal aspects of theiremployees written and job analysis the records by occupants of thesame. Often our Consultants have had the opportunity todiscuss extensively and deepen specific cases with managers or supervisors of some people. From the analysis of all this immenseamount of data, objective and descriptive, and all this informationWe are committed to measuring, describing, confirming and validating the specific characteristics, traits and abilities described in each itemof the PDA Assessment. It is important to mention that perhaps there has not been enough time tocarry out a detailed controlled investigation or to carry out asystematic recording of all our observations, but we havefocused on some of the main dimensions of PDA, which fromour perspective seemed to require, initially, a greaterdeepening and clarification. One of these dimensions that we considerrequires further deepening, it is the Axis of Self-Control, sincebeginning of our experience, we were not satisfied with ourability to interpret the Axis of Self-Control, albeit regularlywe studied and referred to all the information contained in theinstructions. We had the wrong impression that the Axis of Self-Controlit was only a special category of related conductwith ethics, morals and adherence to socially accepted norms.From the beginning we found that Self-Control was a valid measureof a mature social adjustment and of expected conservative values and Accepted. However, from that moment on, he had shown that he had amuch more complete or general impact on the behavioural style of womenpeople that we could explain. Through our studies





and a gradual process of observation and inductive reasoningwe develop a theoretical structure and a set of guidelines that wehelp to expand the information in order to better understand what is theSelf-control and how its impact on daily behavior should be interpreted.We suspect that other Analysts have come to similar conclusions.Here are some of the highlights:

- With our diverse sample of subjects, we have found that theage, pattern profile and other circumstantial factors areimportant and should be taken into account at the time of interpret the relationship between an Intense Individual Axis and an Intense Individual AxisIntense self-control. Based on this we can confirm that it isimportant strength, "Axis Intensity" without the need for strictly adhere to the definitions of the scale.
- 2. Despite having analyzed a large number of people withextremely diverse behavioral characteristics we have notfound sensitive differences between those who possess an Axis ofHigh Self-Control with an Axis Intensity = or > to 50% and whohave a fairly high Self-Control Axis with an Axis Intensity= or > to 80%. However, at the highest levels, when theAxis intensity exceeds 90%, we have discovered more oftensigns of inflexibility, stubbornness, and other traits associated with aAxis of Self-Control Intensely High.
- 3. With few exceptions, there is a strong trend in peopleyounger, late teenagers and others just entered thetwenty, to have the Lowest Axis of Self-Control. Yet they exist.quite strong evidence confirming that, in those cases in





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those that the Axis of Self-Control is very low, it is not necessarilybehave irresponsibly or with a lack of loyalty. Theresponses of these young people strongly suggest that these subjectsthey are not thoughtless, but will often acknowledge being shy and thatthey lack confidence. These young people still seem to be in the process of adult socialization, more or less trying to figure out "whothey are and what they believe in." They may be less firm in their convictions andless consistent in their actions than older subjects, but notthere is no reason to believe that they, as a group, areprone to behave antisocially. It is easy to distinguishthose people of that age who possess the Axis of High Self-Control,which are relatively few, since these respond to situations andadopt positions very similar to those adopted by older subjectswith the Axis of High Self-Control.

4. As might be assumed, those who possess the Axis of High Self-Control orIntensely High tend to have a pattern profile close to 10030 70 0. A High Self-Control Axis appears to be "normal" and conform tothe trends of a "Researcher" Reference Profile; wellthese individuals already possess the traits of dominance, objectivity anddetermination that are also proper and characteristic of an Axis of theHigh self-control. We have observed a significant numberlow of people with this behavioral tendency reflected throughof the 4 primary axes of PDA and with one Axis of Self-Control underthe average. These observations verify that an Axis of High Self-Controlis more common and perhaps easier to develop for certain profiles,yet the Axis of Self-Control seems to continue to confirm that it is aseparate and independent measure instead of being a resultmathematician that moves according to the 4 primary axes.







- 5. The Axes of Low and Intensely Low Self-Control tend tocluster around the style of the "Captivating" Reference Profileand occur more frequently with variations of 00 100 00 100. A High or Intensely High Self-Control Axis is rare intype 00 100 00 100, but there are exceptions. Behaviors and the type of Responses of these subjects is easy to distinguish from those of the subjects with the same profile and a Low Self-Control Axis. Whopossess the Axis of High Self-Control are people who show themselves more confident, firm in their convictions, objectives and more interested in thepersonal ability than in popularity or approval. Profile 00100 00 100 provides a good example of the clear differences between both behavioral styles that appear to be determined, mainly, due to the incidence of the Axis of Self-Control. So, thesubjects who approach this pattern profile (00 100 00 100) and possessan Axis of Low Self-Control are not judicious, diplomatic andcharming as indicated in the profile description "Captivating." Instead, they tend to be self-centered, insecure, and Defensive. Typical or expected traits associated with this profilepattern, seem to appear when the Axis of Self-Control approaches thestocking. It is important to note that the profile descriptions are patternedpolar and sub-polar, which predispose the expectations of the Analysts do not take into account the Axis of Self-Control.
- 6. On repeated occasions our Consultants have documentedseveral people who despite having a High Self-Control Axis orintensely High have broken firm commitments or have falsified







intentionally their professional qualifications. These individuals they have always expressed that they had a "good" or selfishreason for their unethical conduct. We still believe that thevast majority of people who have an Axis of High self-control have a strong sense of responsibility and astrong preference for correct social behavior. It seems simple andOf course, however a person who possesses the Axis of High Self-Controlit can also spoof information at the time you needpromote your own business or your own career interests. OneFirm amoral self-concept helps justify behavior that is nottechnically honest. We now believe that an Axis of the High or intensely High self-control can, rather than alwaysmanifest as the intimate adherence to ethical practices, arriveeven to justify a "selfrighteousness" and, in addition, to showsome reluctance to admit error. Based on this we consider that the Axis of Self-Control is, after all, a "Report of theSelf-concept" in itself, so complete and subject to performanceaware of a behavioral style such as that described by the 4 AxesPrimary.

7. It is very common to observe that the intensity of the Axis of Self-Control isdifferent in the Natural and Adapted profiles. We observe that thetendency or intensity of the Axis of Self-Control is usually greater in theNatural Profile, but a Higher Self-Control Axis in the Adaptedit is also often observed. These cases occur since somepeople can use an extra measure of self-discipline, ofSelfcontrol, to meet the demands of their jobs, whichleads to raising the strength of the Axis of Self-Control in the Adapted Profile.We have also observed other circumstantial variations in the






intensity of the Axis of Self-Control, for example, in employees whohave been working in the same company for many years and do not feelvalued or rewarded. This situation leads them to feelunmotivated, to lower their Axis of Self-Control and at the same time they are generated problems of low self-esteem. The people who ownthe Axis of High Self-Control and perform in a new position orincompatible with their behavioural characteristics oftenlower your Self-Control Axis in the Adapted Profile. It is common to observeindividuals with "Direct Conflict" in the Natural Profile (TD= 50%) whothey have the Axis of Intense Self-Control High or Low. We have observed, by example to several recently divorced women, who are left toposition of other persons, whose Axis Intensity for the Axis of theSelf-control was very intense, above the 90% level. Theyrecognized the stress generated by their current situation and theneed to use an extra self-discipline that would help them in thatdifficult and transitional time. These adjustments are reasonable, asthe Axis of Self-Control is a measure of self-perceived social adjustment.In an extremely difficult time or in times of trial, it will require such a readjustment. It is likely that those people whohave self-confidence and a strong self-concept recurto their reserves of self-discipline. Less mature personalities and poorly integrated they may lose control and feelunable to tolerate such a complex situation

8. People who have an Intensely High Axis of Self-Control orLow tend to respond strongly in a way of their own andcharacteristic related to the strength of your Self-Control, being thesetrends (... those linked to their intense Self-Control) stronger anduntil it comes to preponderate over the behaviors of a





certain age or specific to a certain Pattern Profile (ProfilePattern is the composite by the combination of its four Axesprimary). These characteristic answers can be called "Self-Control Axis Behaviors" because they strongly relate to the commitment of the person to honesty, ethics, thinkingrational and objective decision-making. We notice this because whenwe observe people who possess the Axis of Self-Control insituational, i.e. close to the mean (PS=50 + / - 15), is easyobserve and identify behavioral trends very and characteristicsown that reflect your Pattern Profile, that is, the combination of yourfour primary axes. This is not possible or not easy with thosepeople who possess the Axis of intense Self-Control either in Alto or inLow. We refer to these people as the "Axis of Total Self-Control."We must assume that your Patron Profile still operates, i.e.display behaviors and characteristics related to their fourPrimary axes, but their behavior seems to be very controlled, obscured or altered by intellectual control and strong self-disciplineof an Intensely High Self-Control Axis or by volatility and instability typical of an Intensely Low Self-Control Axis.

Second Study on the Axis of Self-Control:

Observations and Guidelines for Interpretation

Theoretical Framework

As we continued to observe the strong and widespread impactof Autocontrol in the behavior style of multiple Pattern Profilesthe need arose to develop a theoretical framework to explain more indepth of the nature of Self-Control and its functional relationship with the 4primary axes. The raw material for this theoretical framework was already there





available in the Marston Theory on which the PDA is developed and insome other well-known psychological concepts. Marston's Theorypostulates four basic behavioral trends that aredetermined perception, the autonomic nervous the by system and systemendocrine. From there, broadly speaking, responses are life generated.involuntary learned early in possibly or determinedby life experiences or other physiological factors.Psychologists generally that the basic agree traitsPersonality formed early in childhood and then, are throughoutlife, new alternative means of life are found and assimilatedHowever, these do not drastically change the basis of thebehavior of a "normal" and healthy person. The Marston theory states that trends of responses based onbased on the Pattern Profile (... formed by the 4 primary axes) havebeen shaped and conditioned in the early stages of life, inChange, the traits of Self-Control are learned moreconsciously, they still become habitual and are consolidated tothrough time. It is thus considered that Self-control measures behaviorslearned later in life during the socialization processof the adult.In principle, we observed that people with High Self-Control had agenerally inhibitory effect, that is, it moderates or reduces the force, in the expression of Proactive Axes (Risk Axis and Extroversion Axis) High. Thetendencies of the Primary Axes seem to remain intact butare expressed through more mature, more socially-oriented behaviorsAcceptable. We now believe that one function of Self-Control is to moderate extreme behaviors that are generally perceived as "lack of





adaptation" or incompetence in adult society. ConductCompetent can be defined, in other words, as the "conduct thatit works."In the adult world it is difficult to achieve really valuable or weighty goals.without proper planning, without self-discipline and without clear strategies. Theuninhibited, self-centered behaviors that seek quick satisfaction and superficial, which are typical of childhood, over time become uselessas they do not produce desirable results. The most basic premise of theLearning theory states that "unreinforced responses areabandon or modify."We find it interesting to compare, but not match, nature and function.of the Axis of Self-Control with those of the Self and Super Self of psychoanalytic theory. The Self arises from, and later controls or regulates, the basic tendencies and Instincts. The purpose or objective of the Self is to understand, treat and relate torealistic way with the outside world. The Super Self Tries to Incorporate Normspaternal and social directly to the value system of the individual, with thein order to suppress instinctive and basic tendencies. The continuous function of the mediating am between the primal instincts and the restrictive Super Self forthus facilitate intermediation and ensure the reduction of trends in the This through socially accepted behaviors. The "force of the self generally defined as the ability to maintain an overall adjustment tothrough testing reality and firmness of character. Self-Controlit is certainly not a direct measure of the strength of the Self or the Super Self, but its impact in the face of immature trends and responses /incompetent may roughly correspond to the impactcombined self and Super Self in primary instincts.We have observed, but not confirmed, a strong correlation trendpositive between the strength of the Axis of Self-Control and the Level of Education.We have a strong suspicion that innate intellectual ability facilitates



development of High Self-Control, at least for some people. OfSelf-Control was originally developed as a line linkinga behavior that proved to be intelligent and the corresponding ability of planning. Its central meaning indicates that one's own behaviorsof High Self-Control "make necessary a rational and objective assessment ofeach action and its effects." This activity, of high cognitive level, nevercan be achieved unless an individual adopts a consistent setof beliefs and norms that allow you to make value judgments. This setof beliefs and norms will be formed based on the values of the Super Self, of the family and society. Some people who possess of High Self-Control are the Axis extremelymoralistic and compulsive in their adherence to the rules of social conduct.Others are highly objective, analytical and interested in consistency and accuracy without any concern for moral or ethical problems.Many people with High Self-Control seem to strive to maintain theself-discipline and that the norms of social adjustment are met. Suspectthat the behavior of those who possess High the Axis of Self-Control is based on theirunderlying values, values that have been learned and adoptedmainly to provide order and reason to life and that is whydevelop and skills adjust strengthen their to effectively to theadult responsibilities. Without underestimating moral and humanistic valueof those who possess a High Self-Control, we believe that adherence to thesocial and ethical norms is an adjustment strategy that effectively facilitatescompetition in the broadest sense as "conduct that works" and because it is well seen and accepted by adult society.



Guidelines for Interpretation



We can cite the case of a person who presented a 100 Pattern Profile40 50 10 with the Axes of Risk and Self-Control Intensely High (EI>80%).In this person, although in his style we clearly observe behaviorsrelated to its High Axis of Risk we noticed that they were expressed in amuch more contained or intellectually controlled form thanwe were waiting. Soon we also observe that people whopossessed the Axis of High Extroversion accompanied by Self-Controlalso High behaviors of orientation to people were expressed inmore controlled and objective terms. To some extent who ownedHigh the Axis of Patience seemed to become more tolerant and more objective. Persons who possessed the High Standards Compliance Axis with aSelf-control also High or intensely High seemed firmer in their convictions and less concerned with approval by others. People who possessed the Low Risk Axis did not become assertive and did notthey began to take risks, yet they gain confidence and firmness with theselfseemed to understanding and mental maturity provided by the HighSelf-People who possessed the Axis of Low Extroversion control. revealedless skepticism and seemed to be more comfortable with interactionsocial. People who possessed the Axis of Low Patience seemedbetter control your anxiety and impatience thanks to selfdiscipline and objectivity provided by a High Self-Control. People whopossessed the Axis of Low Standards accompanied by a High Self-Controlwere aware of their independent nature and seemed to strive y adapting and opening up more to the ideas of others.We observe all these effects in people of High Self-Control inrepeatedly and we found a significant number of subjects whothey could even describe the way they had learned to control, contain or modify any maladaptive tendency or responseor incompetent. We understand that this is achieved thanks to the exercise of





sincerely monitor one's own behaviors and responses in order to gomodifying them and thus obtaining better results. It's kind of like aprocess of self-development that produces what some call"conscious competition". With practice (reinforced trials), the newBehavior style becomes more common. Change is achieved, byseem, when the strength of the habit reaches a high level and the Self-conceptis unconsciously altered. To help us predict the impact of high self-control on trendsof primary axes High or intense we have developed a set of rulesthat we continue to test and improve. It is important to remember that theintrospection and discipline that produces high self-control alter onlyexternal expressions while primary axis trendsthey remain more or less intact.

<u>Rule#1:</u>

People who possess the Axis of High Self-Control will tend to contain or"soften" the effect of its high Pro-Asset Axes" (Risk and Extroversion)while they will strengthen with objectivity and firmness the expression of "low" Reactive axes (Patience and Conformity to Norms): Through learningand from conscious effort, we now believe that High Self-Control will tend tomodify the trend expression of the high and low axes of the followingway:

- High Risk Axis: adds technique, subtlety, reduces and moderates thetendency to dominate.
- High Extroversion Axis: adds purpose, consistency, balance,reduces superficiality.







- Axis of High Patience: adds objectivity, sensitivity, reduces excessive orientation to details and the status quo.
- High Standards Axis: adds self-confidence, firmness, reducesshyness and defensive posture.
- Low Risk Axis: adds optimism, confidence in achieving goals, reduces passive acceptance of standards.
- Axis of Low Extroversion: adds social vision and reduces the trendto isolation.
- Axis of Low Patience: moderates impatience, adds balance andreduces impulsivity.
- Low Standards Axis: adds flexibility, manageability reducesopposition tendencies.

<u>Rule #2:</u>

People who possess High Self-Control will tend to moderatebehaviors and will make a more mature, intellectual, controlled andanalytical of your behavioral style described by the 4 Primary Axes: Thisimplies that the force of High Self-Control does not seem to have an impactequally strong in all Axes. The restrictive effect, moderator,Container that produces High Self-Control could be very strong in aperson who possesses the Axis of Low Patience, while the change orEffect on the style of a person with the Axis of High Patience can beextremely subtle. For example, High Self-Control seems to have little effect.in profiles of type 100 00 100 00, but a High Self-Control will have an effectnoticeably strong and noticeable in the profiles of type 00 100 00 100. ThisGuideline does not apply when a Self-Control is intensely High.





Rule #3:

People who possess the Axis of Low Self-Control will not control very welltheir extreme response tendencies and will show less controlemotional, objectivity, maturity and self-confidence, just asindicate the definitions of the scales and descriptions of the PDA Manual infunction of the standard profile relative to its 4 Primary Axes (... that assume a Medium Self-Control): The effect of a Low or Intensely Low Self-Control is, obviously, less consistent and less predictable. It usually occurs inindividuals who have not developed their self-concept well, have notfirmly committed to a behavioral style as they have donethe people of High Self-Control. We can assume that people with aAxis of Low Self-Control do not have the internal perception or discipline that isrequires to moderate and make more consistent your trends ofstrong responses. The effect of low self-control is probably notsystematically the same However, beyondThese Rules, Analysts in all people. must understand that High or Low Self-Controlhas different and even opposite effects according to the behavioral styledescribed or determined by the 4 Primary Axes. It should be noted that nowe can define that "all those who possess the Axis of Self-Controlintensely Low, of any age, will be totally rebellious orinconsistent" since for example, we know of very successful people and with excellent orientation to achievement they have a Low Self-Control. Wewe believe that these individuals can tolerate the uncertainty thatproduces Low Self-Control better than most others.Due to the close connection between Self-Control and Responsibilitysocial, consistency and self-discipline, we see the strength of High Self-Control (ina moderate range) as a valuable resource for most, if not in





all, situations. Not as essential for low-level jobs or lesscomplex, but it is very valuable in management positions or in positionsthat require being responsible for others, mature judgment, and/or skillobjective to solve complex and strategic problems. When reviewing ProfilesBehavioral we concentrate on interpreting some ethical aspectsrelated to Self-Control. We put a lot of emphasis on verifying the experience, work habits and consistency of those who own the Axisof the Low Self-Control. We also tend to caratulate subjects with a High self-control referring to the pride they express through their conform to their own ethical standards and sense of responsibility. WithoutHowever, in both cases we are far from predicting their honesty.or their degree of adherence to accepted codes of conduct.Today, we are still watching and continuing to learnon the Axis of Self-Control. We do not have any gradual procedure for interpret the force of the axis in each case or to integrate the variations of Self-control with all core, polar or subpolar pattern profiles. Togetherwith the comments presented above, the following suggestions should be useful:

- Always remember that Self-Control is a self-report of theselfconcept. It does not measure attitudes or values directly, and it issubject to the same environmental influences as the 4 AxesPrimary.
- 2. Think of Self-Control primarily in terms of maturity ofjudgment or firmness of beliefs, objectivity, ability toanalytical reasoning, selfdiscipline and competence instead of compliance with rules or social acceptability.
- 3. Consider Self-Control to be a separate "active" Axis that plays acrucial role in determining a variety of personality traits





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as well as cognitive skills and abilities. Self-control addsnew dimensions to the style of behavior determined by the4 Primary Axes of the standard profile.

4. Do not strictly adhere to the scale of definitions of theSelf-control, since there is always the possibility of ameasurement; Remember that Self-Control interacts with other variablesto produce different effects on individual subjects.

5. Never assume unusual traits just based on the strength of aHigh self-control, but be especially alert to the stiffness of aAxis intensity greater than 90%.

6. Look for different types of stiffness, and not just those related tointense self-control. Some subjects seem too much concerned with the rectitude and consideration of humanistic valuesto work comfortably in a business environment competitive. Others seem to lack imagination and spontaneity.due to extreme reliance on the rules of logic orrational thinking. Some seem to be moral compensators and virtuosos who use their well-weighted High Axis of Conformity toNorms to gain prestige and justify their egocentric actions. The The largest group may be that of those who possess a High Axis of the Risk and Low Axis of the Standards, with High Intensity of the Profile, which they have an urgent need for dominion or command. These individuals seem to be heavily invested by the need tobe regarded as "the authority". They define themselves as very responsible, but they will have an attitude of superiority sothey will rarely admit their mistakes or weaknesses.

7. Always take age into account, since Self-Control is ameasurement of priorities and internal values of an adult. One







18-year-old person, with a very Low Profile Intensity can inhis behavior appears as if he has a "High" Self-Control. Whilethat older subjects, with Low Self-Control, have ahigher likelihood of being insecure, incoherent, notperceptive and less "cunning". They may also lack goalsclear and are more difficult to lead or develop.

- 8. Try to interpret the differences between the strength of Self-Control inNatural and Adapted profiles, and look for other influencesadditional circumstantial to Self-Control. When we observe aLow Self-Control in the Adapted Profile could indicate that the personfeels limited or has little self-confidence, or even a certainfeeling unable to meet the expectations of the role. When we observe a High Self-Control in the Adapted Profilewe confirm the individual's ability to draw on his or her reserves of self-discipline and thus meet the expectations of the position. TheExtremely high levels of self-control can reveal usstrong problems of adjustment, of adaptation. Self-controlsIntensely Low may be accompanied by discontentprolonged and chronic. Self-controls can be foundintensely low in very independent and creative people orindividualists who have unique philosophies and values of their own.
- 9. Don't rely too much on the descriptions of the described master profileby the 4 Primary Axes without taking into account the strength of theSelf-control. Expect strong variations of these descriptions inthose people who possess the Axis of Self-Control intenselyHigh or Low. The challenge for the PDA Analyst is to determine logically(and then check...) how the Axis of Self-Control will actreciprocally with the influences of the 4 Primary Axes forproduce a fully integrated behavioral style.





Position Compatibility

CompatibilityIn this article we will describe a basic aspect of PDA Assessment, theconcept of Compatibility. We will the describe how we will measure andwe will understand the match, correlation or compatibility between the stylebehavioral of a Person and the behavioral demands of adetermined Position.Compatibility estimate of is an the degree of coincidence between thetendencies of a person's behavior and the required behaviorfor successful performance at work. The reader should notice that a valueHigh Compatibility does not guarantee a successful performance at work; all it suggests is that the behaviors required by the position arecompatible with the behavioral predisposition of the individual, thereforewhich would expect a good performance. Let's remember that performanceA person's success in a certain position is due not only to relation to the Behavioral thecompatibility in Profile, but also to numerousadditional factors, training, such as knowledge, experience, the desire to succeed and many others.Compatibility is calculated by correlating the Pattern Profile of aperson with a Job Profile. From this comparison arises a Value of Compatibility that can be generated for natural adapted profiles.Currently this and comparison is made automatically by the system, while in the first versions of the tool the ratingswere obtained through Correlation Tables. The Compatibility Rating will go from 100%, when the matchbetween the Person's Pattern Profile and the Position Profile is accurate, up to a0% that describes an inequality. It is defined in terms of percentage.As a basic rule, the higher the percentage of the correlation, the more







Strong is the coincidence between the tendencies of the behavior of aperson and the behavioral requirements of the position. Any rating below 50% indicates that trends inIndividual behaviors are significantly different from thosebehavioral demands required by the position. There are verylittle chance that the person will be able to respond successfully to the behavioral requirements of the position. Surely it requires a lot of effort and could reachget discouraged easily.

- When the Compatibility Rating is observed between 50% and 69% indicates a moderate match.
- When the Compatibility Rating is observed between 70% and 89% indicates a good match.
- When the Compatibility Rating is observed above the90% indicates a very good match, therefore there are manychances that the person can respond successfully and withoutgreater efforts to the behavioral requirements of the position.

Validity of the Compatibility Rating

Since it is the comparison between two profiles that determines the Compatibility Rating, the validity of this rating and itsinterpretation depends the on consistency and objectivity with which they have beenobtained both the Profile of the Person and the Profile Pattern of the position.







It is important that the Position Pattern Profile is a true reflection of theneeds of such a position. If the definition of the requirementsBehavioral of this position was performed in fifteen minutes, during alunch and on a napkin, the Compatibility Rating will beinvalid, no matter how solid it seems.Of course, the data has to be surveyed in an appropriate way.to ensure its validity. If the Pattern Profiles are questionable then theCompatibility rating will also be doubtful.

Interpretation of the Compatibility Rating

Interpreting the Compatibility Rating is not a mathematical processand direct, since the Compatibility Rating is not an absolute value.Because of this we recommend, as a basic interpretive rule, interpret it in combination and also observing other indicators of the Behavioral Profile of the person. If the Compatibility Rating is low, look for the reasons that explain why the person might be a better candidate thandescribes the rating. For example, if we observe in a candidate alow Compatibility Rating but with several indicators observedin the PDA Chart describing this person as "very flexible" (Low Profile Intensity, for example) we can think that this personyou can have the flexibility to change and adapt to thebehavioral requirements of the position. In this case, a Rating ofLow compatibility may be a minor problem than with an individualrather rigid and less flexible.We know that Natural Profile ratings represent trendsNatural to a person, they are relatively stable and resistant to





change. We also know that the perceptions of the Adapted are moreMalleable. Accordingly, a person with a Rating ofHigh compatibility in the Natural but a Compatibility Ratinglow in the Adapted should generally match better with the position thatthe person with a low Natural compatibility rating and highin the Adapted. Returning to the previous example, the individual with a high Levelof Flexibility (... low or moderate Profile Intensity) should be able toconform quite well to the expectations of the Adapted if he is motivated, well advised, well led and properly trained to achieve your Goals.

Final Thought

Α low Compatibility Ratina does not mean a lost candidate.Occasionally we find situations in which a person hasexcellent knowledge, enormous experience or certain talent. All of thiscould place you as an ideal candidate since it could benefit a lot to theorganization, but in terms of "Behavioral Profile" Compatibility is low. In these cases it may make sense to modify and adjust expectationsposition behaviors to adapt them to the natural style of candidate behavior. For example, a candidate excellenthighly with enormous experience and sought-after technical knowledge and skills and a mindextraordinary creative, but with a very erratic style in relation toadministrative aspects (Under Axis of Conformity to Standards) is presented in a search in a high-tech organization to cover aposition in which rules and organization are of great importance.As a solution, the organization can hire a collaborator, a







administrative assistant, to support and help this person inrelation to normative aspects.As well as in other PDA Assessment ratings, theCompatibility requires interpretation, not rigid numerical guidelines againstwhich can judge a person's career. Take a look at theCompatibility Rating should be the first step in an analysisreasoned of a PDA, not the last.





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